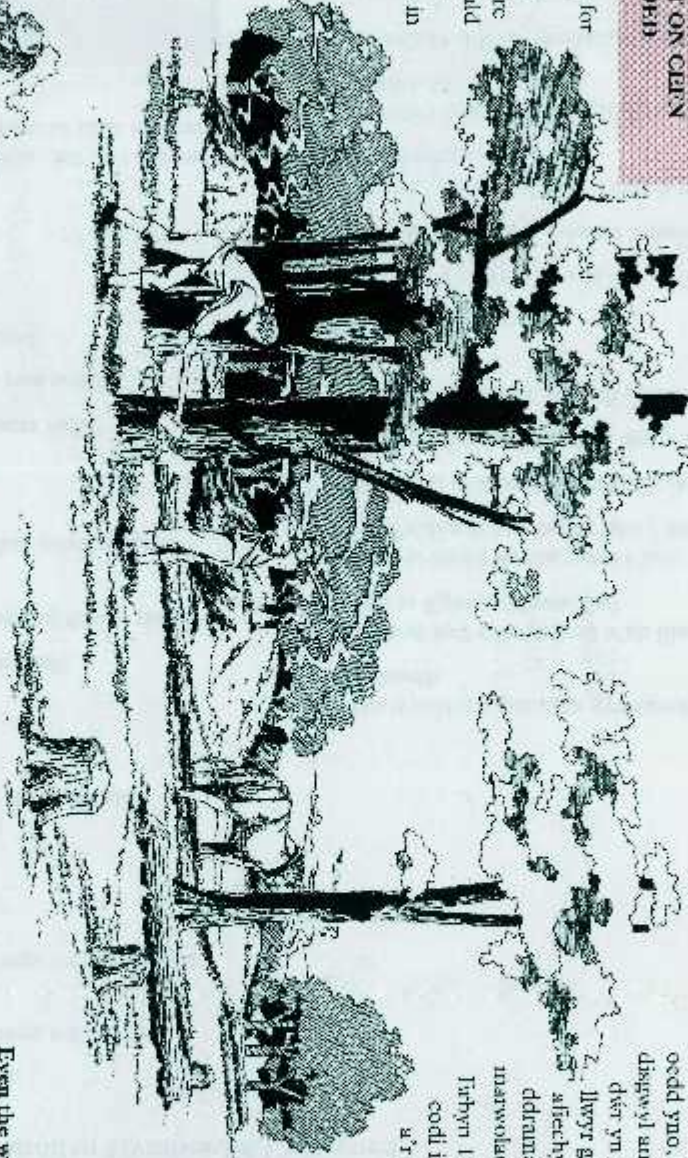




By 1875 the average age of death increased to 25 years due to an effort to improve sanitation and water supply.



"I have no pricy accommodation (tollies) to my house except for an iron bucket, which is emptied once a week into a river or pond".



Even the water from wells and springs was polluted "when kept 24 hours, it is impossible to drink it, on account of its offensive smell, which I can compare to nothing else than that arising from decaying animal matter".

MIR. W. HARRIS C 1849

FACTFILE / FFFHL FFFYNNAL:
 In the early 1900's you would have been able to travel the main street of Cefn Coed by a train system
 Cefn Coed Viaduct is 725 feet (220m) long, is the third longest in Wales
 Lady Thomas, Mother of the Welsh Bazaar Coal Trade, (see Features) died Abercromby, as hinted at here by Corried Campel with other members of her family in surrounding gullies

"Scenes under the influence of strong drink permeated the streets, revelling and quarrelling"
MERTHYR GUARDIAN 1843 - COMMENT ON CEFN COED FAIR / SYLW AM FF-ARR CEFN-COED

Cefn Coed y Cymmer, as the name suggests, was originally a dense woodland on the confluence of the rivers Taf Fawr and Taf Fechan. The early iron smelting needed large amounts of charcoal resulting in the woodlands being cleared.
 Cefn Coed is typical of the villages built to house workers for the iron industry. The rapid increase in iron production needed ever increasing numbers of workers so houses were built with little regard for good planning. This

CEFN COED Y CYMMER

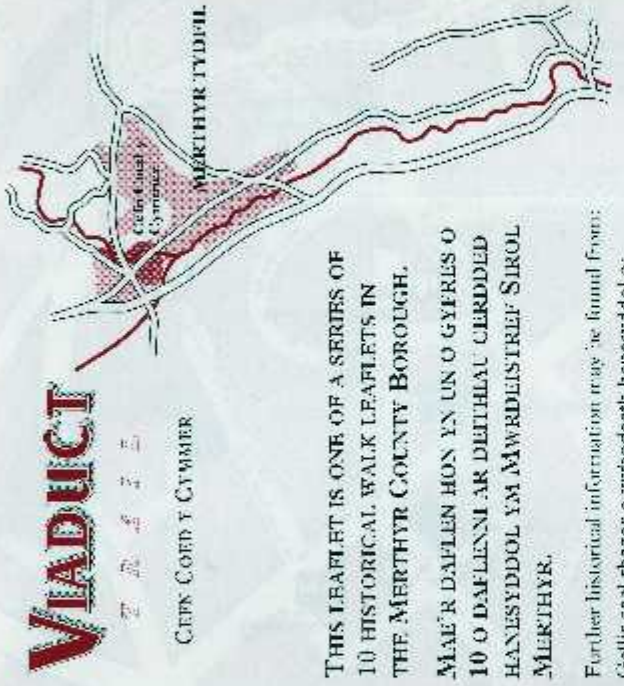
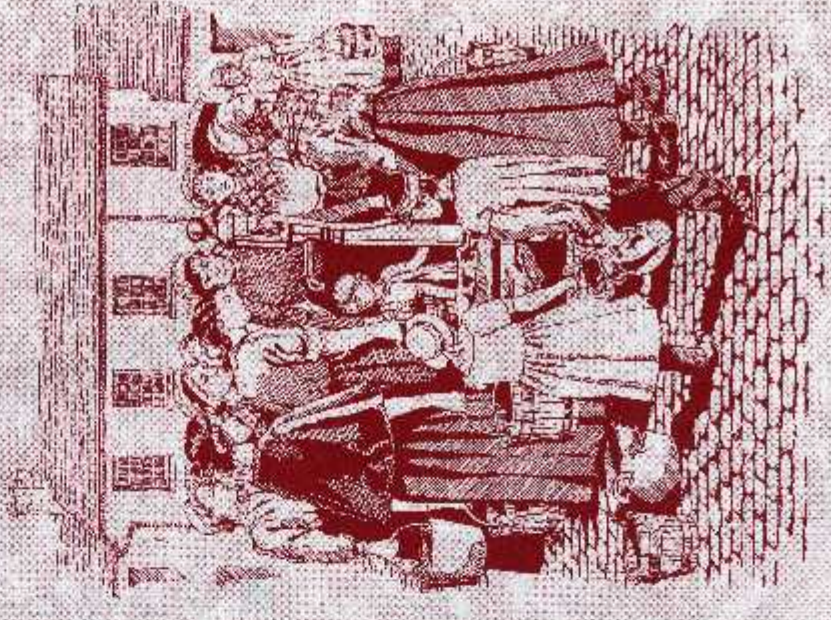
VIADUCT

T R A I L

VIADUCT

T R A I L

CEFN COED Y CYMMER



THIS LEAFLET IS ONE OF A SERIES OF 10 HISTORICAL WALK LEAFLETS IN THE MERTHYR COUNTY BOROUGH.
MAE'R DAFLEN HON YN UN O GYFRES O 10 O DAFFLENNI AR DEULHLAU CERDDDED HANESYDDOL YM MWRDEISTREF SIROL MERTHYR.

Further historical information may be found from:
 Cella'r cael rhagor o wybodaeth: hanesyddol o:
 Libraries Merthyr Tydfil 01655 724057
 Llyfrgelloedd Dowlais 01655 724051
 Trecharris 01443 410817

Museum Amgueddfa Cymdeithas Castell Cyfarthfa
 Societies Merthyr Tydfil Historical Society
 Cymdeithas Hanesyddol Merthyr Tudful a'r Cych
 52 Chester Close, Heolgeraig, Merthyr Tydfil CF48 1SW
 (Publishes a series of leaflets. Historical Volume also available as a book.)
 (Both organisations offer a library or book donations, enquiries, visit www.hanesyddol.org.uk)

Merthyr Tydfil & District Naturalists Society
Cymdeithas Naturiaethwr Merthyr Tudful a'r Cych
 (Publishes a series of books on the geology, avifauna, natural history of the area available to libraries.)
 (Both organisations offer a library or book donations, enquiries, visit www.naturalistsociety.org.uk or visit them in Heolgeraig)

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 Merthyr Tydfil Cymru 1948



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 Nantwelyd y Cymru Fawr

CHILDREN / PLANT:

Two hundred years ago most people had much better access to clean water. Many children had to go to the river for water, which was often muddy and dirty.

There was no household water and only a few springs nearby. This meant children sometimes had to queue for hours for water, which was often muddy and dirty.

Streets with buckets and tubs were full of people carrying water to the river or the streets. This is the reason why Cefn Coed was nicknamed 'The Beer Town'.

Many people died from diseases which they believed were caused by invisible germs. They did not know that the infection came through water or food being contaminated.



Drain can mlynedd yn ol, byddai gan y mwynddod o hysblyddu llawer iawn am y na hysblyddu. Byddai gan hysblyddu hysblyddu o hysblyddu a hysblyddu. Byddai gan hysblyddu hysblyddu a hysblyddu. Byddai gan hysblyddu hysblyddu a hysblyddu.

Drain can mlynedd yn ol, byddai gan y mwynddod o hysblyddu llawer iawn am y na hysblyddu. Byddai gan hysblyddu hysblyddu o hysblyddu hysblyddu a hysblyddu. Byddai gan hysblyddu hysblyddu a hysblyddu.

Drain can mlynedd yn ol, byddai gan y mwynddod o hysblyddu llawer iawn am y na hysblyddu. Byddai gan hysblyddu hysblyddu o hysblyddu hysblyddu a hysblyddu. Byddai gan hysblyddu hysblyddu a hysblyddu.

The healthiest source of liquid at the time was beer, there were 27 inns in Cefn Coed alone "the most superficial observation proves that an enormous amount of drink must be consumed in Merthyr, and when you make enquiries as to what ironworkers live on the first answer you always get is BEER"

VIADUCT

TRAIL

CEFN COED Y CYMMER

Distance: 2½ miles (4km) Time: 1½ hrs.

Trail starts at Cefn Coed Community Centre.

Pellter: 2½ milltir (4km) Amser: 1½ awr

Mae'r Llwybr yn dechrau wrth Ganolfan Gymunedol Cefn-coed.

- 1 Facing the community centre turn left.
- 2 Continue along narrow path ahead along side of the Church (*Taff Trail*).
- 3 Take next path down to the right at large stones. (NB do not take first path left).
- 4 Cross river and turn right.
- 5 Turn up to the left under bridge.
- 6 Cross road, turning to the right, take the next left.
- 7 Take second road on the right.
- 8 Bear left and cross the playing field.
- 9 Exit the playing fields onto a road, turn left.
- 10 Turn down to the right at large stones and follow the river for some distance.
- 11 Turn up to the right immediately before passing under the viaduct.
- 12 Turn right and continue along road.
- 13 Turn left past Social Club and then next right.
- 14 Take the next road left and continue past school.
- 15 Turn left at main road Passing a Chapel.
- 16 Turn first left then first right.
- 17 Turn right past Chapel then left.
- 18 Turn first right.
- 19 At main road: (Turn right to Railway Inn / left up ramp to Station Hotel). Cross main road to return to start of Trail.

- 1 Gan wynebu'r ganolfan gymunedol, trowch i'r chwith.
- 2 Ewch ar hyd y llwybr cul o'ch blaen wrth ymyl yr Eglwys (*Taff Trail*).
- 3 Ewch ar hyd y llwybr nesaf i lawr i'r dde at y cerrig mawr. (DS Peidiwch â mynd ar hyd y llwybr cyntaf ar y chwith).
- 4 Croeswch yr afon a throwch i'r dde.
- 5 Trowch i fyny i'r chwith o dan y boat.
- 6 Croeswch y ffordd, trowch i'r dde, tro nesaf ar y chwith.
- 7 Yr ail ffordd ar y dde.
- 8 Trowch i'r chwith ac ar draws y Cae Chwarae.
- 9 Ewch allan o'r cae chwarae a throwch i'r chwith.
- 10 Trowch i lawr i'r dde at y cerrig mawr a dilynwch yr afon am ychydig.
- 11 Trowch i fyny i'r dde yn union cyn mynd o dan y bontffordd.
- 12 Trowch i'r dde ac ymlaen ar hyd y ffordd.
- 13 Trowch i'r chwith heibio i'r Clwb Cymdeithasol ac yna'r nesaf ar y dde.
- 14 Trowch i'r ffordd nesaf ar y chwith ac ymlaen heibio'r ysgol.
- 15 Trowch i'r chwith wrth y brif ffordd heibio'r Capel.
- 16 Y cyntaf ar y chwith ac yna'r cyntaf ar y dde.
- 17 Trowch i'r dde wrth y Capel yna i'r chwith.
- 18 Y cyntaf ar y dde.
- 19 Wrth y brif ffordd: (Trowch i'r dde at Railway Inn / i'r chwith i fyny'r rhamph at Station Hotel). Croeswch y brif ffordd i ddychwelyd i'r man cychwyn.

Notes:

- Distances and times are approximate and do not include stops.
- Wear suitable footwear as surfaces may be wet and slippery.
- Maps are not to scale and routes are not waymarked.
- Use this trail with care, being aware that the forestry land and built up areas are working environments.

Nodiadau

- Rhai hysbysu'r pellterau a'r amserau ac nid ydych chi gontwyo amser stopio.
- Gwisgwch esgidiau addas oherwydd gall y tir fod yn wlyb a ffordio.
- Nid ydych chi gontwyo'r raddfa na'r bwytrau wedi eu marcio.
- Defnyddiwch y Llwybr yn Ofalus, a chofbroch i'ch i'r coedwedd a'r mannau adeiladu yn fanciau gwaith.

There are many interesting historical features along the trail, some of which have information plaques attached to them.

Mae yna nifer o nodweddion hanesyddol ddiwylliaeth a chofrestrwyd yn ymgyrchu i'ch i'r coedwedd a'r mannau adeiladu yn fanciau gwaith.

