



CHILDREN / PLANT:

200 years ago children living on farms would have helped with farm work from about the age of 5 years old. There were no machines so most work had to be done by hand or by using horses to carry goods and plough fields. Children had to work everyday except Sunday when everyone went to the church. The working day began at dawn and ended at sunset.

Farm children were mostly very poor with few clothes and probably no shoes and little to eat.

On market day, children went with their families to sell any extra meat or vegetables. If a lot of money was made the children might go to the fair or buy some sweets before going home...

200 mlynedd yn ol, byddai plant ym Mowbray yn wedi hysnu gysia grwpiau ffwrn o tua 5 oed. Dusdi yno dim pellau'n fwyaf. Cac ydiddi'n chaid gynnwys y chan fawal o'r gwaith a haw neu gan ddefnyddio cchylau i gflu i'r ystafell a thor i'r far. Byddai'n rhaid i blant weithio bob dydd ac eithrio dech. Sul, pan a'i pawb i'r egwys, byddai'n diwrnod gweithio'n ddechrau wrth iedli ddyddio ac yn gofynn gwada'r iechyd.

Plant traddodiadol o'r gwaith oedd plant gredig ac ychydig lawn i'w hwyra.

Ar ddilynnod traddodiadol, hyd yn oed yn mynd i gysylltu'n fwyaf i'w hwyra. Ar ddiwedd i'w hwyra, gan i'r gwaith gredig i'w hwyra. Os byddai llawer o arian yn unol i'r gwaith gredig i'w hwyra, gan i'r gwaith gredig i'w hwyra.

Ar ddiwedd i'w hwyra, gan i'r gwaith gredig i'w hwyra.

Ar ddiwedd i'w hwyra, gan i'r gwaith gredig i'w hwyra.

THIS LEAFLET IS ONE OF A SERIES OF 10 HISTORICAL WALK LEAFLETS IN THE MERTHYR COUNTY BOROUGH.

MAFR DAFFEN HON YN UN O GYFRES O 10 O DAFFENNI AR DDETHIAU CHWEDOL HANESYDDOL YM MWERDHSIR FFIROL MERTHYR.

Further historical information may be found from:
Gelli cael rhagor o wybodaeth hanesyddol o:
Llyfrgell
Museum
Amgueddfa Castell Cyfarthfa
Societies
Cymdeithas
Merthyr Tudful
Dowlais
Treharris
Cylchfa Castle Museum
Amgueddfa Castell Cyfarthfa
Cymdeithas Hanesyddol Merthyr Tudful Mr. T. E. Holley,
52 Chester Close, Heol Garreg, Merthyr Tudful CF48 1SW.
(Purchase a series of Monthy Histories Volumes also available in
Merthyr.)
(Each copy includes a copy of Gwylodol Hanes Merthyr, sold by
Merthyr Tudful Historical Society
Merthyr Tudful & District Naturalists Society
Cymdeithas Naturiolol ym Mwynglawr a'r Colch
(Published a series of books on the geological, social, natural history of
the area available in Merthyr.)
(With comprehensive copies of books on various aspects of
natural history available, sold in great houses, Merthyr Tudful.)

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St Gwynno's Trail

- Facing Pontsarn Inn turn left.
- Cross road bridge and turn left up narrow path.
- Turn left into Pen-rhiw Glas farmyard and follow the road around Farmhouse to the right, continuing to Hy-Brasai.
- Turn right down road then next left onto track just before sharp right hand bend.
- Cross stream and continue around to the right.
- Turn right past Church Tavern and through picnic area.
- Continue straight on then sharp right down hill along wide track which doubles back in direction of church.
- Cross footbridge over river, turn right and continue up hill.
- Bear up to the left at fork in track.
- Turn right onto Taff Trail.
- Cross viaduct and turn left after passing under bridges.

VAYNOR

Distance: 4 miles (6½km) **Time:** 1½ hrs.

The Trail starts at Pontsarn Inn.

Pellet: 4 milltir (6½km) **Amser:** 1½ awr

Mae'r llwybr yn dechrau wrth Dafarn Pont-sarn.

